

## **Comment on *Natural Thinking* from the Faculty of Public Health**

*"The importance of green space in relation to good physical and mental health is recognised by the Faculty of Public Health and we welcome the publication by the RSPB of their report highlighting the important relationship between mental health and nature. Natural Thinking represents an tremendous amount of hard work and reading of a wide range of evidence. It presents some interesting theories about these links and also shows that access to green space and nature is important through all the life-stages, from childhood to older age."*

### **About the Faculty of Public Health**

The Faculty of Public Health is an authoritative public health body which aims to advance the health of the population through three key areas of work: health improvement; service improvement and health protection. In addition to maintaining professional and educational standards, the Faculty advocates on key public health issues and provides practical information and guidance for public health professionals. For more information visit the Faculty's website [www.fph.org.uk](http://www.fph.org.uk)