

Finding your way around Lakenheath Fen nature reserve

THE TRAILS

Main circular trail

This trail is about three miles long; the direct route from the visitor centre to the Joist Fen viewpoint is 1.5 miles. The reserve operates a flexible system across its many paths, meaning not all paths are open all the time. So every time you visit, you'll have a different experience.

The Brandon Fen family trail

Three-quarters of a mile long, this trail is accessible to wheelchairs and pushchairs. It's the perfect short walk to experience all that the reserve has to offer.

Say hello to the highland cattle whose grazing helps to maintain the grassland.

Did you know?
Lakenheath Fen is currently the only known place in Britain where the beautiful golden oriole nests.

Please note that dogs are not allowed on the reserve. However, they are allowed on the public footpath which runs adjacent to the reserve. This path can be muddy at times and sometimes cattle graze on it.

“A thoroughly enjoyable afternoon. Thank you so much to David for his helpful attention. Lots for children to do too!”
Angela, Elmswell

Did you know?
100 species of native fenland plant sprung up out of the ground while the reserve was being created.

To Hockwold, Feltwell and A10
Turn right in Hockwold for Weeting and Brandon

- Key:**
- Water
 - Reedbed
 - Grassland
 - Woodland
 - Visitor centre
 - Parking
 - Toilets
 - Viewpoint
 - Public footpath (maintained by the local authority)
 - Railway



The best place to look for cranes, bitterns and marsh harriers flying over the reedbeds.

Can you see the 3,000-year old fenland bog oak? It was erected when the reeds were planted.

Listen carefully and you may hear the pinging calls of bearded tits.

There used to be a poplar forest on the reserve. Only the three woods you see here remain.

Keep your eyes peeled in late summer for peacock, red admiral and brimstone butterflies.

Look out for marsh harriers quartering low over the reedbeds and great crested grebes on the pools.

In summer you'll find beautiful purple loosestrife and hemp agrimony in these pools.

The western half of the reserve is not open to visitors, and is therefore not included on this map.

“A brilliant reserve, the warden and his staff extremely helpful. Come here every year and it is just great”
Michelle and family, Hertfordshire

Keep your eyes peeled for hairy dragonflies zipping around in the summertime.

You'll have to be keen to spot the secretive bittern moving silently at the water's edge.

To Lakenheath (4 km),
A1065 and A11

B1112