














# Finding your way around Arne nature reserve

## THE TRAILS


### Key:


-  Water
-  Grassland
-  Woodland
-  Mudflats
-  Heathland
-  Saltmarsh
-  View point
-  Viewing screen
-  Disabled parking
-  Parking
-  Toilet
-  Visitor centre
-  Hide


### Shipstal Point trails

Enjoy a mixture of habitats ranging from heathland and farmland to deciduous woods and seashore along this series of trails of about four miles (6.5 km). Don't miss out on a visit to the hide either, where you'll get an even closer look at Poole Harbour's bird life.

 **Short north trail**  
(50 minute walk)

 **Long trail**  
(80 minute walk)

 **Short south trail**  
(60 minute walk)

 **Easy access trail**  
(30 minute walk)

### Coombe Heath trail

Absorb the breathtaking views of the Purbeck Hills and Corfe Castle while avocets and spoonbills feed in the channel below. There is a hide as well as a viewing screen halfway round this trail where you can stop to look at the wading birds. A round trip of almost a mile (1.2 km), this trail is suitable for pushchairs if you take care, but wheelchair access is limited.



**Please note:** dogs must be kept on leads at all times.



Our rarest reptile, the smooth snake is named after its flat, ridge-less scales.



Enjoy an abundance of garden birds at really close quarters at the feeding station.

Thrushes, finches and buntings feed in the farm fields during the winter.

In summer, watch colourful dragonflies dart past hunting for insects to eat.

In summer, meander through the meadow - it's buzzing with busy insects.

On a sunny day along the Short south trail, look out for basking reptiles such as common lizards.

If you're quiet you may see a raft spider. But they dive under the water and hide if alarmed.

Along the Coombe Heath trail, you may see our rare and resident Dartford warblers.

Large numbers of avocets spend the winter in Poole Harbour.

Arne is a beautiful place with a mix of heathland and old oak woodland.

### Did you know?

Eighty per cent of the UK's heathland has been lost over the last 200 years. Arne is a stunning example of this now rare habitat.

