

# Finding your way around Frampton Marsh

## THE TRAILS

### Reedbed trail

This 1.2 mile (2 km) circular walk starting from the visitor centre allows you to experience one of the rarest habitats in Britain – the reedbed.

### Wash trail

Visit all three of our hides on this 2.2 mile (3.5 km) circular trail. Designed to get you where the action is, the Wash trail takes you into the heart of our habitats.

### Wet grassland trail

Suitable for dogs, this 2.8 mile (4.5 km) trail offers lots of peace, quiet and fresh air.



Sorry, but dogs are not permitted on the reedbed trail or paths to the hides.

The Reedbed trail, hides and visitor centre are accessible for wheelchairs and pushchairs.

Butterflies, like this red admiral, love the wildflowers here at Frampton Marsh.



Recognise this wading bird? It's an avocet – and it features in the RSPB's logo.

### Key:

- Water
- Wet grassland
- Reedbed
- Freshwater scrapes
- Saltmarsh
- Viewpoint
- Parking
- Visitor centre and toilets
- Public footpath

### Did you know?

Frampton Marsh has one of the largest areas of saltmarsh in the world.

Along the reedbed trail, enjoy the artwork by The Thomas Deacon Academy.



### Did you know?

For millions of people living in the Midlands, this is the closest coastline.



Pop into the visitor centre to find out more or for a warm drink on a cold day.

Stroll along the seabank on the Wash trail and look over the saltmarsh for birds of prey.

These areas are great places to spot burping brent geese!

Listen for the beautiful songs of skylarks as they flutter above the wet grassland.

From the wet grassland trail, scan for wildfowl in winter and breeding waders in summer.

Sand martins are the smallest European martins and they love this bank.

Keep your eyes on the banks. You might be lucky enough to see a water vole.