

Finding your way around Lake Vyrnwy nature reserve



Rhiwargor trail

Starting and finishing at the Rhiwargor car park, this trail is 2.3 miles long and includes mountain views and a spectacular waterfall. It is mainly grass tracks with no steep climbs, but does include a stream crossing using stepping stones. Grid reference SH963240.

Llechwedd-du short trail

A short trail of 1.7 miles starting from the RSPB shop along roads and tracks. Short but sweet, you will have great views of the lake, Straining Tower, dam and woodland birds. SJ016191.

Nestbox puzzle trail

Pick up a Nestbox puzzle sheet from the RSPB shop and start your adventure! Can you tell who lives where and who is on the pecking order pole? **Directions:** Turn left out of the RSPB shop. The trail begins outside the toilet block – look for the signpost Short Trail and Puzzle Trail. Follow the trail to return along the road, or retrace your steps. SJ016191.

Llechwedd-du walk

The track opposite the boathouse, on the south side of the lake, is the start point for this 5-mile trail. The forest track takes you through clearings, conifer and birch trees. Gentle slopes, except one steep boggy section. You may prefer to retrace your outward route rather than make this descent, which leads to the road. SJ013194.

Tŷ-uchaf walk

On the north of the lake, this trail is 4.3 miles along forest tracks and roads, with a gentle incline. You will wander through mature conifer trees and get great views of the lake. SH969238.

Craig Garth-bwlch trail

Starting at the RSPB shop, this trail is 2.7 miles of forest tracks and lanes, with two fairly strenuous climbs. Great views of Dyfnant Forest, the dam and lake. SJ016191.

Water trail (not signposted)

A short, mile-long walk from the RSPB shop, mainly flat, with one descent of 92 steps. **Directions:** Turn left out of RSPB shop and after a few yards, turn right to cross the dam. At the far end of the dam, go through the wooden gate on the right and descend the steps to the footbridge below the dam. Cross the footbridge and choose your path through Sculpture Park – bear right for the riverside path, or left to see the sculptures. The paths come together at the road entrance to Sculpture Park. Beyond the cattle grid, cross the footbridge on the right and turn right along the road. In a few yards, go through the gate on the right for the riverside path. Follow the Visitor Facilities signs through the car park, uphill to the road. Turn right along the roadside footpath and return to the start. SJ016191.

Grwn-oeir trail

Begin your walk at Llanwddyn village bottom car park and take the one mile stroll along the river and forest. SJ018190.



Did you know?
The lake overflows into the River Vyrnwy, joining the River Severn, flowing to the Bristol Channel and finally the Atlantic Ocean.



Key:

- Water
- Moorland
- Woodland
- Visitor centre and shop
- Parking
- Viewpoint

“Thank you – the pond dipping, building the bug hotel and showing us the Lake Vyrnwy bats really made our holiday.”
The Dimitriou family

Look out for goshawks on the Llechwedd-du walk.

You're likely to see crossbills in coniferous woods on the Llechwedd-du short trail.

Kids will love the Nestbox puzzle trail. Pick up a leaflet from the RSPB shop.

The Grwn-oeir trail is a great option if you only have an hour to spare.

In summer, butterflies love this area. Look out for them on pink campion plants.

Keep your eyes peeled for grey wagtails, kingfishers and grey herons on the Water trail.

The Craig Garth-bwlch trail takes you past an early Quaker burial ground.

If you'd rather avoid the lakeside road, take the Tŷ-uchaf walk.

Look out for dippers in the river on the Rhiwargor trail.

Crwydro o amgylch gwarchodfa natur Llyn Efyrynwy



Llwybr Rhiwargor

Yn cychwyn ac yn diweddau ym maes parcio Rhiwargor, mae'r llwybr hwn yn 2.3 milltir o hyd ac yn cynnwys golygfeydd o'r mynyddoedd a rhaeadr hyfryd. O dan draed mae llwybrau glaswelltlog yn bennaf heb fawr o waith dringo, ond mae'n rhaid croesi nant ar gerrig camu. Cyfeirnod grid SH963240.

Llwybr byr Llechwedd-du

Llwybr byr o 1.7 milltir yn cychwyn o siop yr RSPB ar hyd ffyrdd a llwybrau. Yn fyr ond yn dlws, cewch olygfeydd da o'r llyn, y Tŵr Hidlo, yr argae ac adar y goedlan. SJ016191.

Llwybr pos y blychau nythu

Ewch i nôl taflen pos y blychau nythu o siop yr RSPB a chychwyn ar eich antur! Allwch chi ddweud pwy sy'n byw ym mhle a phwy sydd ar bolyn trefn pwysigrwydd yr adar? **Cyfarwyddiadau:** Trowch i'r chwith o siop yr RSPB. Mae'r llwybr yn cychwyn y tu allan i'r toiledau - chwiliwch am yr arwyddbost Llwybr Byr a Llwybr y Pos. Dilynwch y llwybr i ddychwelyd ar hyd y ffordd, neu dilynwch yr un llwybr yn ôl. SJ016191.

Taith Llechwedd-du

Y llwybr gyferbyn â'r tŷ cwch, ar ochr deheuol y llyn, yw'r man cychwyn ar gyfer y daith 5-milltir hon. Dilynwch llwybr y goedwig drwy leiniau, coed conifer a bedw. Llethrau heb fod yn serth, heblaw un adran gorsiog serth. Efallai y bydd yn well gennych fynd yn ôl ar eich llwybr gwreiddiol yn hytrach na dod i lawr y fan yma, sy'n arwain at y ffordd. SJ013194.

Taith Tŷ-uchaf

Ar ochr gogleddol y llyn, mae'r daith hon yn 4.3 milltir o hyd ar hyd llwybrau a ffyrdd y goedwig, gan ddringo'n raddol. Byddwch yn crwydro drwy goed conifer aeddfed ac yn cael golygfeydd gwych o'r llyn. SH969238.

Llwybr Craig Garth-bwlch

Gan gychwyn wrth siop yr RSPB, mae'r daith hon yn 2.7 milltir ar hyd llwybrau a ffyrdd y goedwig, ac mae dau le eithaf serth i'w dringo. Golygfeydd gwych o Goedwig Dyfnant, yr argae a'r llyn. SJ016191.

Llwybr y Dŵr (dim arwyddion)

Taith fer, milltir o hyd o siop yr RSPB, yn wastad, gydag un cwymp o 92 o risiau. **Cyfarwyddiadau:** Trowch i'r chwith o siop yr RSPB ac ar ôl ychydig o lathenni, trowch i'r dde i groesi'r argae. Ar ben pellaf yr argae, ewch drwy'r giât bren ar y dde a mynd i lawr y grisiau drwy Parc y Cerfluniau - cadwch i'r dde ar gyfer llwybr glan yr afon, neu i'r chwith i weld y cerfluniau. Mae'r llwybrau'n dod ynghyd wrth fynedfa'r ffordd i Barc y Cerfluniau. Y tu hwnt i'r grid gwartheg ar draws y ffordd, ewch ar draws y bont droed ar y dde a thro'i i'r dde ar hyd y ffordd. Mewn ychydig o lathenni, ewch drwy'r giât ar y dde ar gyfer llwybr glan yr afon. Dilynwch yr arwyddion Cyfleusterau Ymwelwyr drwy'r maes parcio, i fyny'r allt i'r ffordd. Trowch i'r dde ar hyd y llwybr ar ochr y ffordd a dychwelyd i'r man cychwyn. SJ016191.

Llwybr Grwn-oer

Mae'r daith yn dechrau ym maes parcio isaf pentref Llanwddyn, yna dilynwch y llwybr braf milltir o hyd ar hyd yr afon a thrwy'r goedwig. SJ018190.

Wyddoch chi?

Mae dŵr y llyn yn llifo i afon Efyrynwy, sy'n ymuno ag afon Hafren, sy'n llifo i Fôr Hafren, cyn cyrraedd Môr Iwerydd.

Allwedd:

- Dŵr
- Rhostir
- Coedlan
- Canolfan ymwelwyr a siop
- Parcïo
- Golygfau

“Diolch i chi – mae rhwydo'r pwll, adeiladu'r gwesty i chwilod a dangos yslumod Efyrynwy i ni wedi ychwanegu llawer at ein gwyliau.”

Y teulu Dimitriou