

# Finding your way around Rye Meads nature reserve

## THE TRAILS

### The moorhen trail

A lovely 1/3-mile stroll with flat paths suitable for pushchairs and wheelchairs. Stop off in the hides for wonderful views over open water and reedbeds, and the creatures that live there.

### The otter tail

Venture even farther on this one-mile trail to see reedbeds and wet grasslands. There's a one-way turnstile so be prepared to walk the full circuit back to the centre, which takes about 45 minutes.

### The kingfisher trail

Discover the sights and sounds of a wetland, as this 1/2-mile trail leads you from lagoons through to reedbeds. It's a great walk for everyone. You might see some stunning kingfishers too.

“ I love Rye Meads – it's so unexpected. A beautiful area in the middle of Hertfordshire. The kingfishers are amazing and I loved the terns, especially in the summer when the chicks all hatched! ”

Helen, Hertfordshire



Look out for the common terns nesting on rafts on the lagoon.

### Key:

- Water
- Reedbed
- Marsh
- Visitor centre
- Parking
- Picnic area
- Railway

### Did you know?

A pair of kingfishers started digging their first nest hole within hours of the volunteers building the artificial nesting bank.



### Did you know?

We have over 100 volunteers at the reserve, and over 3,000 school children visit each year.



Pond dipping is a great way to have fun and learn at the same time.

“ Wonderful day! It was our first time ever here, the whole family are happy and have learned lots too! ”

Michelle and family, Hertfordshire