

Finding your way around Saltholme



The trails are made of crushed stone and in some places are not easy for pushchairs or wheelchairs. There may be loose stones underfoot. For more information, talk to us at reception before you set out.

Lake walk

Great if you want to explore some of the sights Saltholme has to offer. A 20-minute circular stroll around the lake, which takes you by the wildlife watchpoint, Paddy's pool hide and the wildlife garden.

Kestrel trail

A tranquil 15-minute extension to the lake walk. Circling the meadow, watch out in winter as kestrels hunt over the short grass. In summer, listen for the beautiful song of the skylarks.

Wildflower walk

A 20-minute hilly extension to the kestrel trail, with brilliant views over the reserve. Keep your eyes peeled for beautiful butterflies and, in spring, walk among the cowslips.

Dragonfly path

On a summer's day, you'll experience the whirr and buzz of dragonflies a-plenty! In winter, visit Saltholme pools hide (a 20 minute walk from the centre), as wading birds, ducks, geese and swans gather in their hundreds.



In spring, female brown hares can be seen "boxing" against males, fighting off unwanted attention!

Did you know?
Paddy's pool hide is named after the digger driver Paddy, who dug the pool by the hide.



Key:

- Water
- Grassland
- Woodland
- Cycle trail
- Visitor centre
- Car park
- Discovery zone
- Viewpoint

Did you know?
We collect rain that falls on the roof of the centre, recycle it and use it to flush the loos!



Mud, mud, glorious mud! **TV celebrity and RSPB president Kate Humble** waded in to help schoolchildren plant reeds when she officially opened Saltholme in March 2009.



Look out for kingfishers in the autumn and winter months.