

# Finding your way around Titchwell Marsh nature reserve



**Please note:** if walking with dogs, please keep them on leads at all times and stay on the west bank path.

## West bank path

As you walk the kilometre (1,050 yards) to the beach, the change in landscapes and wildlife is amazing. You'll pass wading birds and wildfowl including some beautiful breeding birds in spring and summer. The path is easily accessible to wheelchair users.

## Meadow trail

This 100 metre (110 yard) boardwalk links the fen trail to the west bank path. A peaceful walk where you might see wild orchids, dragonflies and butterflies.

## Fen trail

This 200 metre (220 yard) trail and boardwalk ends at the fen hide with brilliant views across the reedbed. Along the way, look out for a variety of native plants, such as woody nightshade, and birds, such as long-tailed tits.

## Beach

The beach really is the best location on the reserve. At over a mile wide and with fabulous bird life, it's a great place to explore and let the wind blow through your hair.



The water vole is one of our most threatened mammals. But it's doing well here.

### Key:

- Water
- Marsh
- Reedbed
- Woodland
- Wet meadow
- Beach
- Sea walls
- Visitor centre
- Car park
- Toilets
- Viewpoint

### Did you know?

In the 20th century both the Army and Royal Air Force used Titchwell as a firing range.



### Did you know?

Titchwell Marsh is one of TV presenter Chris Packham's favourite nature reserves. He visits several times a year.

“ We had my favourite kind of day – on the beach, blue skies, stiff breeze, golden sands and an abundance of birds. But nothing shone more than the enthusiasm of your volunteers ... we can't wait to come back again. ”

Laura, King's Lynn



From the west bank path look out for nesting avocets and their fluffy chicks.

The west bank path is the place to see lots of wading birds and wildfowl.

You can spot bearded tits, marsh harriers and bitterns from here.

Along the meadow trail you can see wild orchids in the summer.

Find information, buy a hot snack or do some shopping at the visitor centre and cafe.

Keep your eyes peeled for water voles by the dragonfly pond on the fen trail.

Redshanks wade in the shallows looking for small creatures to eat.

On the beach you can see the remains of an old forest and a Second World War tank.

Site of the fabulous new Parrinder hides which opened in December 2010.



A149 and bus stop