

Welcome to Stour Estuary reserve

There's always lots to enjoy here, especially in winter, when there are huge numbers of water birds on the shore, and in spring, when the woodland comes alive with bird song and a profusion of wild flowers.

The ancient woodland of Stour and Copperas Woods is home to some very special wildlife. Stour Wood is mainly sweet chestnut, probably the descendants of trees planted by the Romans 2,000 years ago. It has a long history of management for timber. Coppice management still continues; it's the best way to keep the woodland just right for its wildlife.

For your safety

- In extreme weather (especially high winds) please do not enter any part of this reserve.
- Timber felling and other woodland management operations take place regularly (mostly September – March). Please follow the instructions of any temporary safety signs.
- The trails can be very slippery when wet. Stout footwear or Wellington boots are recommended.
- Please do not walk onto the mudflats due to danger of getting stuck.

General information

Please keep to the marked trails. Dogs (except guide dogs) are not allowed on the trail to the hides.

Keep dogs under close control, especially between March and June when birds will be nesting. Please bag your dog's poo and deposit it in the bins provided, NOT in the undergrowth.

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Key

Woodland	Public footpath	Permissive path
Mudflats	Stour Estuary trail	Car park
Saltmarsh	Stour Wood trail	Wrabness railway station
Water	Right of Way for RSPB Members and Visitors Only	Copperas Bay view point

This plan is indicative

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