What to do:
- Colour in the outline. Ospreys are dark brown on top and white underneath, with black wing markings.
- Cut out the outline of the osprey.
- Turn the osprey over. Place the top of the drinking straw at the base of the beak and tape into place. Tape over the straw at the base of the tail.
- Turn your osprey over and, holding the end of the straw, flap up and down to see its long wings move.

You will need:
- Colouring pens/pencils
- Scissors
- Sticky tape
- Drinking straw

You can then use your osprey to help you identify ospreys in the wild and learn more about this fascinating bird. The RSPB offers many opportunities to get involved in nature conservation, from bird watching to gardening. RSPB is the world’s leading bird conservation organization and works to protect the UK’s wildlife for the benefit of all. For more information, visit rspb.org.uk.
Ospreys’ nests are called eyries, and they usually build them at the top of trees where their eggs will be safe from any danger on the ground. Some ospreys have been known to nest high up in electricity pylons too! They stay in the same nest for a long time, sometimes up to 20 years.