

Finding your way around St Aidan's

Bowers bimble

1.1 miles (1.8km), 20–30 minutes

Starting from the car park, this mostly flat trail takes you on a short walk around Bowers Lake then through grassland and wildflower meadows. Great for a relaxing stroll.

Lowther loop

1.7 miles (2.8km), 60 minutes

For a walk amongst trees and along the banks of the River Aire, venture onto this flat trail. You will need good footwear all year round and in wet winter months, it's a welly boot walk.

Hillside hike

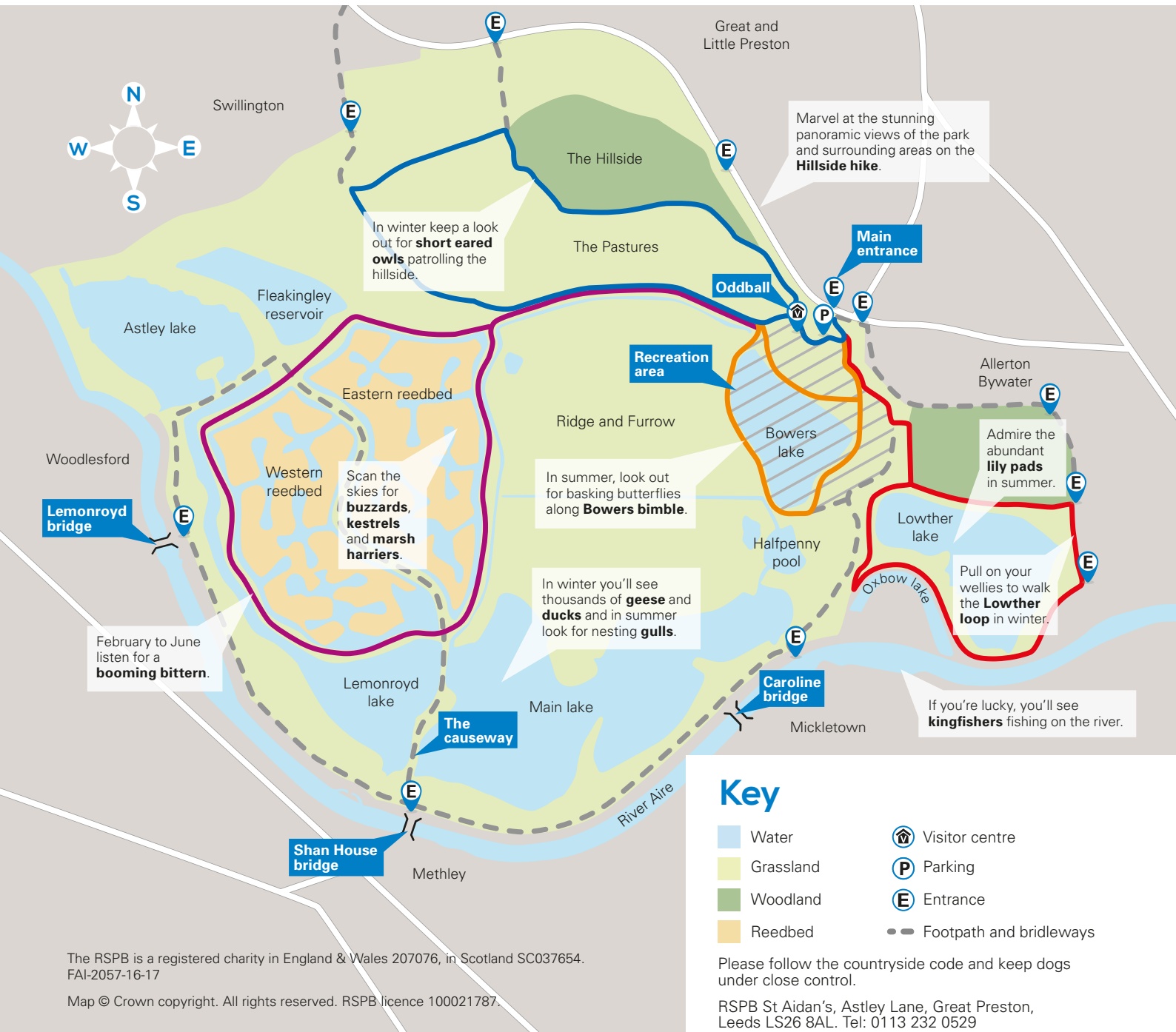
2 miles (3km), 40–60 minutes

For stunning landscapes and panoramic views of St Aidan's and surrounding areas, take a hike onto the hillside. This trail goes through some steep hills and inclines, which wind through the trees and grassland.

Reedbed ramble

3 miles (4.6km), 60 minutes

To explore the magic of the whispering reedbeds, take a walk on this mostly flat route that runs around the edges of the reedbeds and loops back to the main entrance.



Helping to give nature a home:

RSPB St Aidan's

RSPB St Aidan's is a blank canvas and we'd like you to be a part of its development, please leave us some feedback:

How did you hear about St Aidan's?

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What would you like to see at St Aidan's?

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What would you not like to see at St Aidan's?

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How can you help?

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Here are a few ideas:

- Take a look at our volunteer opportunities – [rspb.org.uk/volunteering](https://www.rspb.org.uk/volunteering)
- Become a member
- Tell all your friends and family!