

# Finding your way around Bempton Cliffs

To help you decide where to explore, we have estimated the time it takes to walk from the Seabird Centre. Allow 20 minutes to Jubilee Corner and Staple Newk. To Bartlett Nab or New Roll-up, allow 10 minutes. To Grandstand and Mosey Downgate, allow five minutes. Please do not climb the fence – it is there for your safety.

The Dell is a wooded oasis that attracts migrating birds.

## Cliff-top walk

Walk along this public footpath (grassy path, not paved) to our six cliff-top viewpoints. In spring and summer, marvel at England's largest seabird colony and enjoy the breathtaking view.

In autumn, look out for rarities among the migrating birds, and in winter enjoy bracing walks and fantastic seascapes.

## Nature trail

There's something special to see every season from this trail.

Butterflies and moths abound in summer. In autumn and winter you might spot hares, or even deer.

## Grandstand trail

Fully accessible route, from the Seabird Centre to Grandstand, Mosey Downgate and Bartlett Nab viewpoints. All viewpoints have built-in wheelchair bays.



# What you might see at Bempton Cliffs



## Puffin

Puffins may only be about 30 cm tall, but they can cram a lot of fish in their beaks! Did you know that baby puffins are called pufflings?



## Kittiwake

Listen to their calls and you'll soon understand how they got their name. Their wings have black tips that look like they've been dipped in ink.



## Herring gull

Can you see the red spot on their beaks? The chicks peck at it when they're hungry to persuade the adults to give them some fish.



## Gannet

Gannets are the UK's biggest seabird. Their wingspan is a massive two metres (6 feet). Watch them plunge into the water to catch fish.



## Guillemot

These birds lay their eggs directly onto the rock. The eggs are pear-shaped, but despite scientific research the jury is still out on why this is.



## Razorbill

They look very similar to guillemots, but their necks are shorter and their razor-like bills have a vertical white line.



## Fulmar

Fulmars have a novel and very effective way of defending their nests – they spit out a foul smelling oil. Yuk!



## Shag

In summer, shags are a dark glossy green and sport a punky-looking crest on their heads. Look for them flying low over the sea, especially at Staple Newk where they nest.