Finding your way around
RSPB Marshside

Visitor Centre – Sandgrounders’ Hide
To find out about the wildlife here, speak to a volunteer or see the information boards. Look skywards to spot birds flying between the freshwater and saltmarshes. In summer listen out for the noisy nesting gull colony, and in winter hear calls of pink-footed geese.

Crossens circuit
This 2-hour walk takes you beyond Sandgrounders’ Hide along level, rough paths, giving an overview of the estuary. In summer, look for nesting avocets, lapwings and redshanks. In winter, look for hawks, wigeons and teals.

Rimmer’s route
Set off along Marshside Road for a 1.5 hour walk. This walk covers sections of saltmarsh and a golf course. In winter, rains flood the marsh, and the sky is filled with ducks. In spring, look out for ruffs, wading birds, displaying to attract females.

Redshank road
This track takes you onto the estuary. It was once used to bring sand for the St Helens glassworks. Look out for pink-footed geese in winter and redshanks in summer. Make sure you know tide times before you leave. Keep dogs on a lead.