

Pulborough Brooks

Finding your way around

To discover what makes RSPB Pulborough Brooks such a special place for nature, start exploring today.

The trails will take you through some of the most important habitats on the reserve, past hundreds of homes for wildlife. Wrap up warm to experience the winter wetlands or take a leisurely stroll to search for incredible insects through the summer. Be sure not to miss nature's virtuoso springtime singer – Pulborough Brooks is one of the best places in the country to hear and see elusive nightingales.

Wooded heathland trail

The 1½-mile outer loop leads you through woodland and heath. Allow about an hour and a half.

Wander along the sandy tracks that cross the heath, looking out for green tiger beetles and basking lizards. Pause at Black Pond to spot patrolling dragonflies before heading through flower-carpeted woodland to Hail's View. Watch for tiny goldcrests and tits feeding acrobatically amongst the pines, then wander up towards the Bronze Age barrow at The Clump to enjoy views across the valley and the South Downs.

Wetland trail

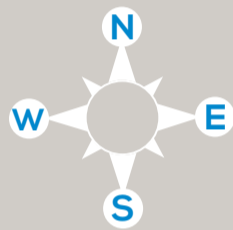
This gentle 2-mile circular trail explores the heart of the reserve. Allow at least two hours to walk the loop.

There are four hides and three viewpoints along the trail, each overlooking grassland, ditches and pools. You may even hear the "plop" of a water vole from Nettle's hide. In winter, take a short walk to West Mead hide for close-up views of the beautifully camouflaged snipe. Head to Fattengates Courtyard for a breathtaking springtime birdsong concert, and in summer pause along the Zig-zag path to admire the wildflowers and the myriad of insects they attract.



Look out for emperor dragonflies at the Black Pond

Highland cattle graze the flood meadows here



Key

- Water
- Grassland
- Woodland
- Scrub
- Heathland
- Arable farmland
- Visitor centre and play area
- Viewing point
- Parking
- Picnic area
- Public footpath

- To avoid disturbing wildlife, no dogs except registered assistance dogs are allowed on the Wetland trail.
- Well-behaved dogs, and their owners, are welcome on the Wooded heathland trail. Please keep dogs on leads to avoid disturbing wildlife and grazing livestock.
- The Wetland trail is suitable for pushchairs and for wheelchairs with a strong helper. Two motorised buggies are available and it's best to book them in advance. The Wooded heathland trail is unsuitable for wheelchairs.
- For more information about the accessibility of RSPB Pulborough Brooks, please visit rspb.org.uk/pulboroughbrooks

