giving nature a home
rspb Cymru

Finding your way around Lake Vyrnwy

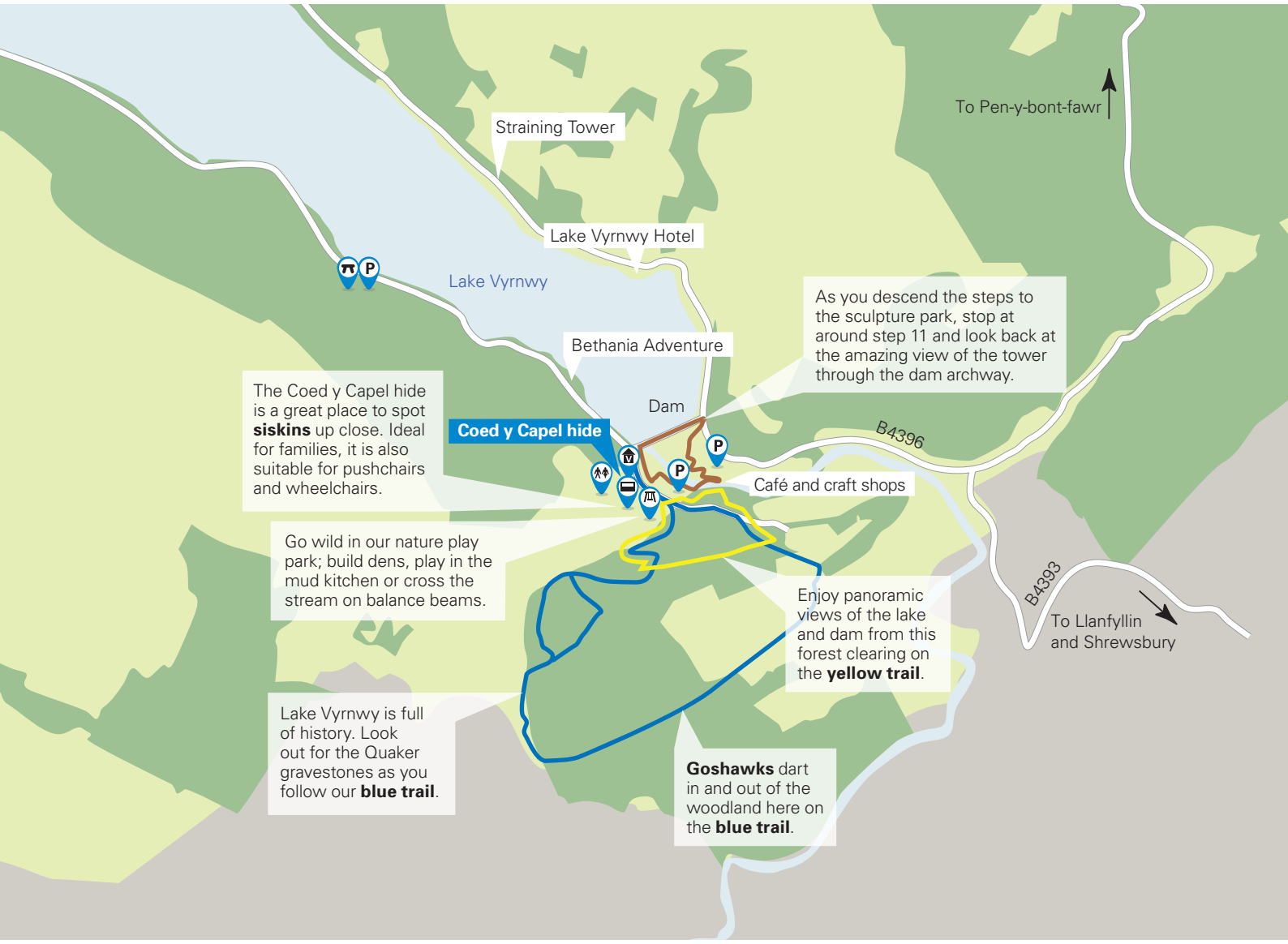
To discover what makes Lake Vyrnwy so special for nature, start exploring today.

Yellow trail

This 1 mile/1.6km circular stroll takes you alongside the riverbank and meandering through sessile oak woodland. There is one moderately steep hill and one steep descent. In spring, look out for pied flycatchers or redstarts on your way.

Blue trail

A 3 mile/4.8km circular walk along forest tracks and lanes with two fairly strenuous climbs and one steep descent. As you descend, look out for the spectacular view overlooking the lake – not to be missed at any time of year.



Key

- Water
- Moorland
- Woodland
- Visitor centre and shop
- Parking
- Picnic area
- Toilets
- Sculpture park
- Play park

- To avoid disturbing wildlife and livestock, especially during the lambing season, all dogs must be kept on leads.
- Due to the natural terrain of all trails, we recommend you wear walking boots.
- For more information about the accessibility of RSPB Lake Vyrnwy, please visit **rspb.org.uk/lakevyrnwy** or call **01691 870278**.

Helping to give nature a home:

RHAGOROL O'R TAP
WONDERFUL ON TAP
HAFREN DYFRDWY
severn dee

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The RSPB is a registered charity in England & Wales 207076, in Scotland SC037654. 830-1206-18-19

yn rhoi cartref i fyd natur Cymru

Dod o hyd i'ch ffordd o amgylch Llyn Efyrnwy

I ddarganfod pam fod Llyn Efyrnwy yn le arbennig ar gyfer natur, ewch i grwydro heddiw.

Llwybr melyn

Taith gylch 1 milltir/1.6km ar hyd lan yr afon ac yn troelli trwy goedlan dderw ddigoes. Mae un ddringfa gweddol serth ac un disgyniad serth. Yn y gwanwyn, chwiliwch am y gwybedog brith neu'r tingoch ar eich taith.

Llwybr glas

Taith gylch 3 milltir/4.8km ar hyd llwybrau a lonydd y goedwig gyda dwy ddringfa fwy heriol ac un disgyniad serth. Ar y ffordd lawr, cofiwch edrych ar yr olygfa dros y llyn – sy'n odidog ar unrhyw adeg o'r flwyddyn.

Allwedd

- Dŵr
- Rhostir
- Coedlan
- Canolfan ymwelwyr a siop
- Parcio
- Man picnic
- Toiledau
- Parc cerfluniau
- Parc chwarae

- Er mwyn peidio aflonyddu ar fywyd gwyllt a'r da byw, yn enwedig yn ystod tymor wyna, rhaid cadw cŵn ar dennyn bob amser.
- Oherwydd tirwedd naturiol y llwybrau, rydym yn argymell gwisgo esgidiau cerdded cryf.
- Am ragor o wybodaeth am fynediad i RSPB Llyn Efyrnwy, ewch i **rspb.org.uk/lakevyrnwy** neu ffoniwch **01691 870278**.

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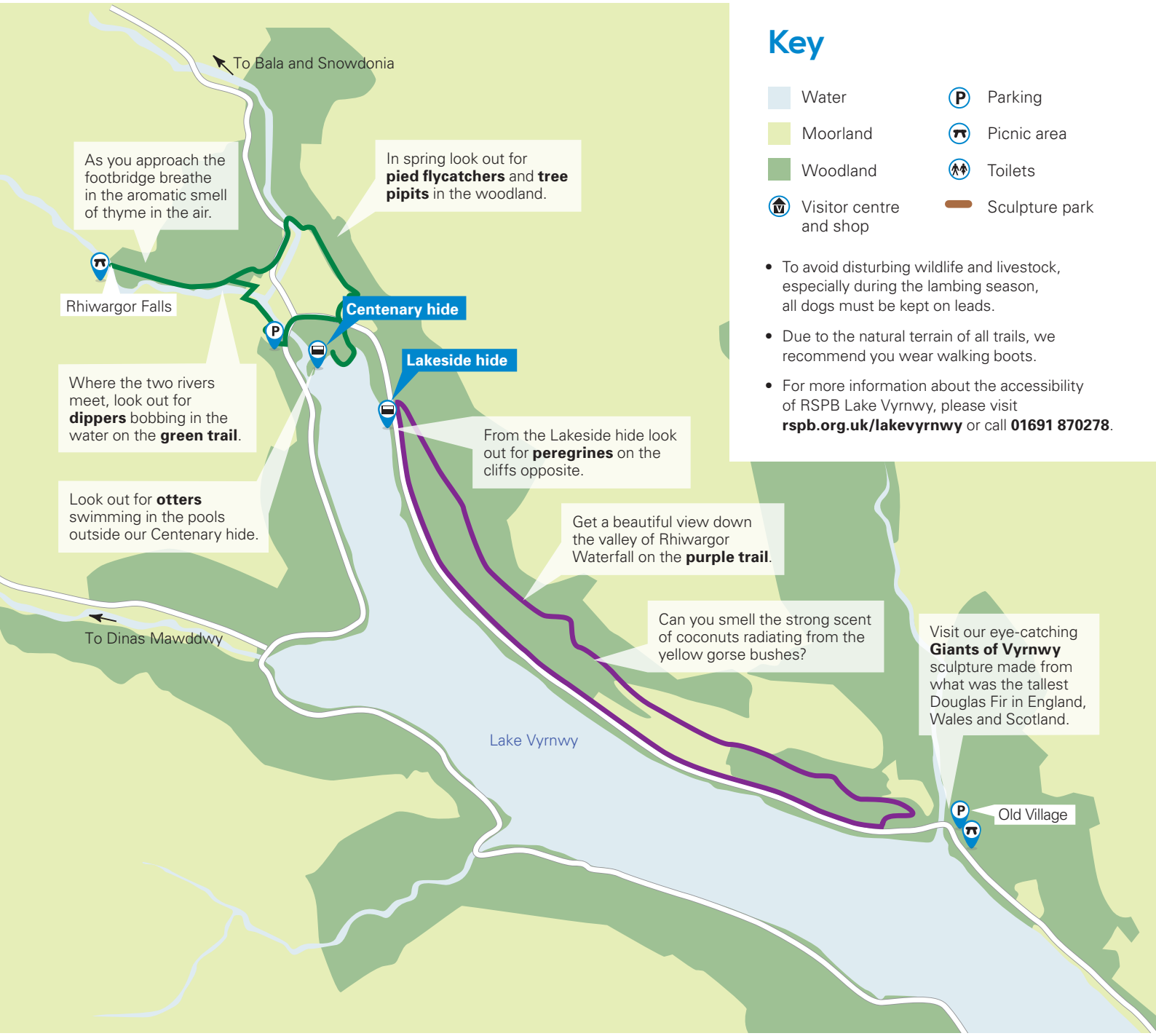
Green trail

A 2 mile/3.2km circular path following the river and leading to the spectacular waterfall of Rhiwargor. No steep hills but you will need to cross the stream using stepping stones. In spring, listen out for cuckoos as you stroll along the forest edge.

Purple trail

A 5 mile/8km circular walk along forest tracks and roads with a gentle incline and great views. During the warmer months, look out for dragonflies and damselflies dashing around. In winter, flocks of bramblings can be seen and heard along this route.



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rspb yn rhoi cartref i fyd natur Cymru

Dod o hyd i'ch ffordd o amgylch Llyn Efyrnwy

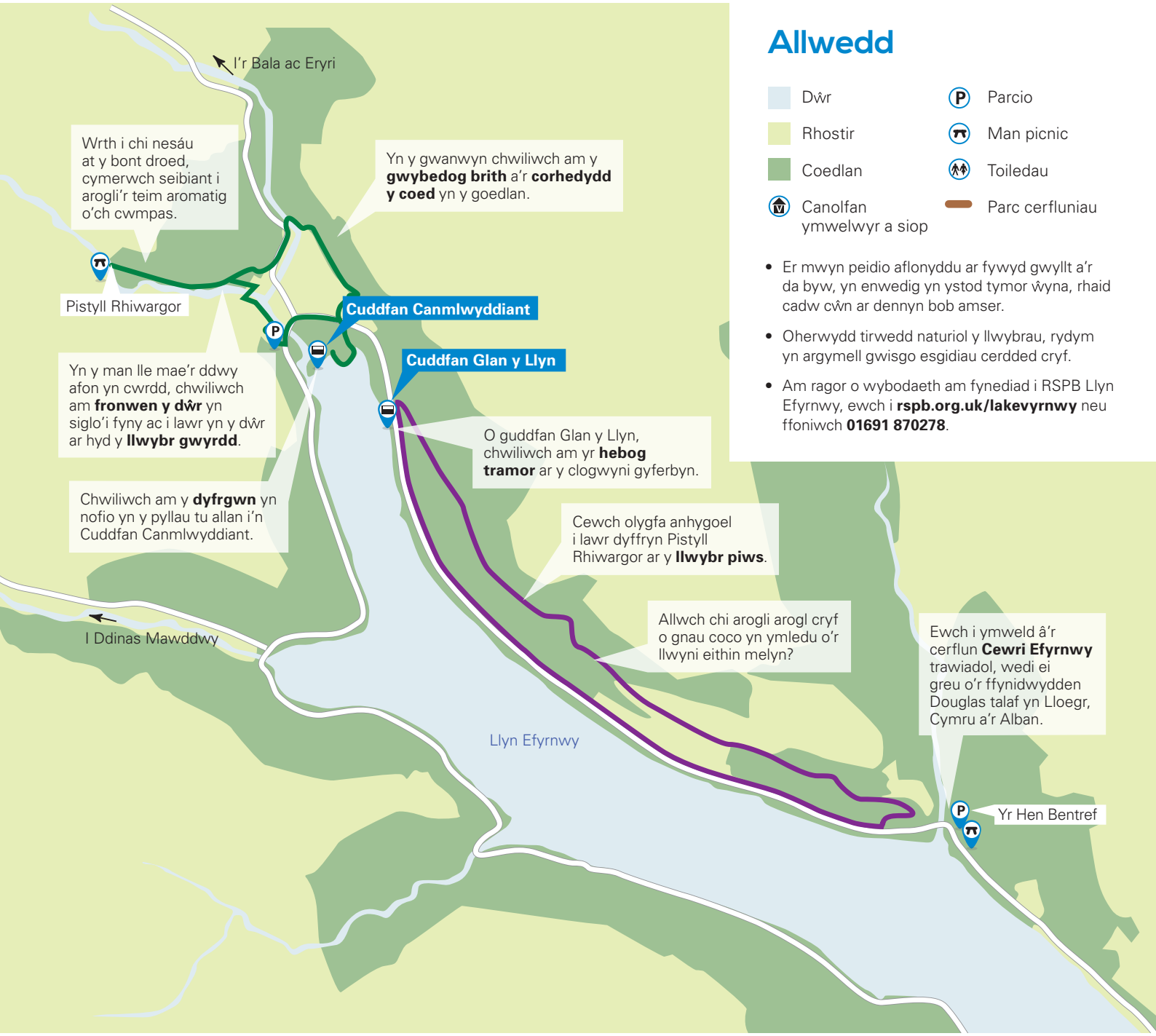
I ddarganfod pam fod Llyn Efyrnwy yn le arbennig ar gyfer natur, ewch i grwydro heddiw.

Llwybr gwyrdd

Taith gylch 2 filltir/3.2km yn dilyn yr afon at bistyll trawiadol Rhiwargor. Does dim bryniau serth ond bydd angen croesi'r nant ar hyd cerrig camu. Yn y gwanwyn, gwrandewch am y gwcw wrth gerdded ar hyd ymyl y goedwig.

Llwybr piws

Taith gylch 5 milltir/8km ar hyd llwybrau a ffyrdd y goedwig gyda llethr graddol a golygfeydd gwych. Yn ystod y misoedd cynnes, bydd cyfle i weld gweision y neidr a mursennod yn gwibio heibio. Yn y gaeaf, gellir gweld a chlywed haid o bincod y mynydd ar hyd y llwybr yma.



Allwedd

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- Parcio
- Man picnic
- Toiledau
- Parc cerfluniau

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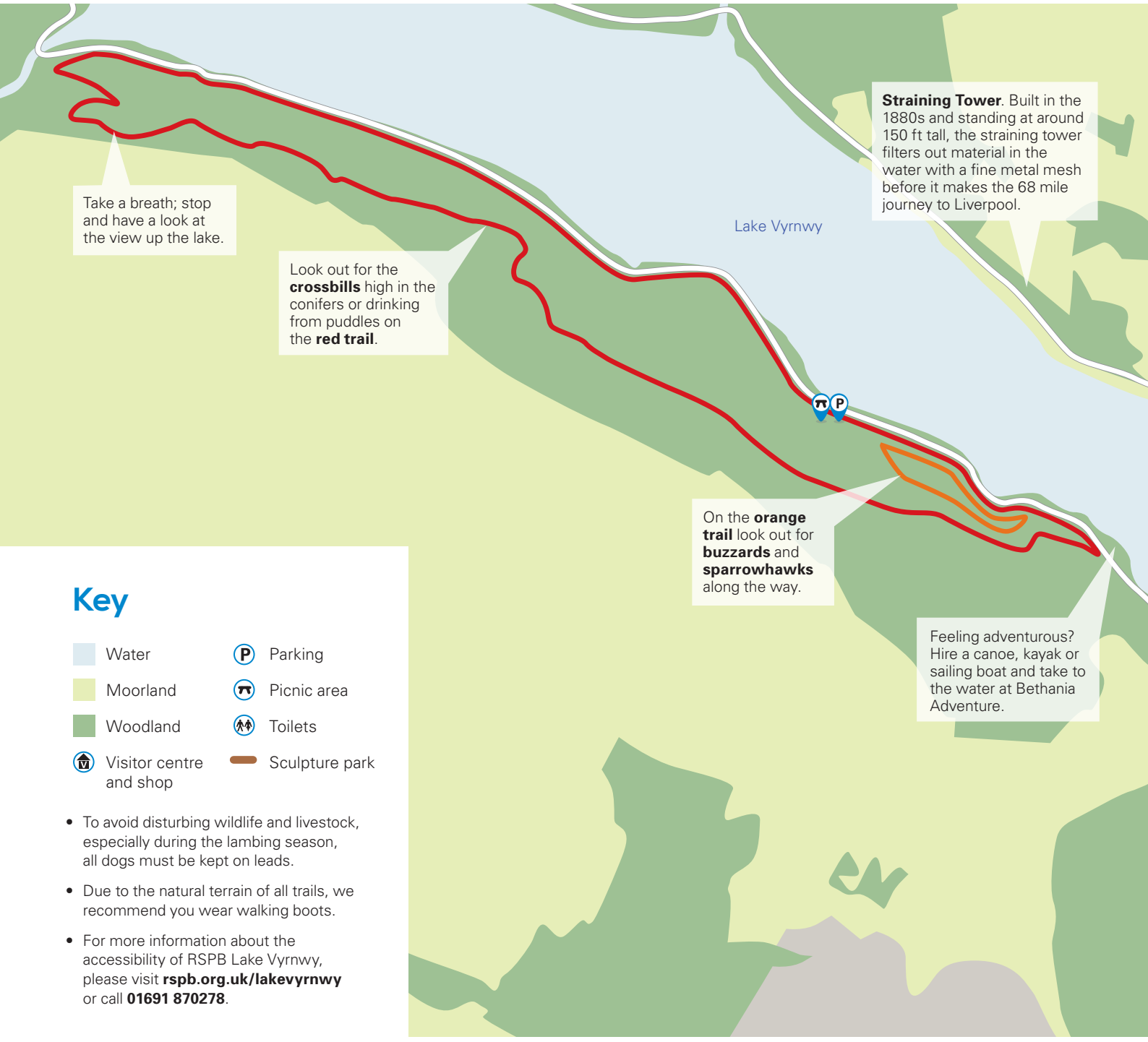
Red trail

A 6 mile/9.6km circular walk along forest tracks and through clearings. This steady climb with a steep descent at the end to the road will take you through conifer and birch trees. As summer fades away look out for the kaleidoscope of autumn colours emerging.

Orange trail

A 1.5 mile /2.4km circular walk taking you above and to the side of the lake. In spring, look out for the carpet of bluebells shimmering in the sun or listen out for an array of warblers singing their hearts out as they seek a breeding partner.



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I ddarganfod pam fod Llyn Efyrnwy yn le arbennig ar gyfer natur, ewch i grwydro heddiw.

Llwybr coch

Taith gylch 6 milltir/9.6km ar lwybrau'r goedwig a thrwy lecynnau agored. Bydd y ddringfa gyson hon gyda disgyniad serth i orffen yn eich tywys trwy goed conwydd a bedw. Ar ddiwedd yr haf edrychwch am y wledd o liwiau'r hydref yn ymddangos.

Llwybr oren

Taith gylch 1.5 milltir/2.4km yn eich arwain uwchlaw ac i ymyl y llyn. Yn y gwanwyn, chwiliwch am y carped o glychau'r gog yn pefrio yn yr haul neu gwrandewch am haid o deloriaid yn canu nerth esgyrn eu pennau i ddenu partner bridio.

Allwedd

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