

Lochwinnoch

Finding your way around

Aird Meadow Trail

This path is just over half a mile and takes about 25 minutes to walk. It is flat, mainly gravel and fairly firm, though muddy in places after rain.

Enjoy the woods, flowers and fungi (autumn), whilst listening to birds and spotting butterflies along the way. The pond dipping pools and natural play area are a short walk from the visitor centre. The feeding station is a great place to watch birds without needing binoculars, or sit for a while in the hide and watch the ducks. Castle Semple Loch can be seen at the end of the trail.

Dubbs Water Trail

This trail is less than a quarter of a mile and takes about 10–15 minutes to walk. It is a fairly flat, firm gravel path.

A short walk alongside the reed and sedge beds with a great viewpoint at the end, overlooking the Aird Meadow Loch. This is a great place to listen for the distinctive sounds of sedge warblers and reed buntings in spring and summer, or to watch whooper swans and ducks in autumn and winter.

Barr Loch Trail

This trail is a mere 250 m long and on the other side of the road from the visitor centre.

Running in between Barr Loch and Dubbs Water, this trail is a great route for spotting wildlife. See birds from wintering ducks out on the loch to springtime birds, such as the warblers, singing in the trees.

Semple Trail

The first mile of this trail is a Tarmac path leading from the train station through part of the reserve to the Castle Semple Visitor Centre.

A circular walk (just under eight miles) continues from the Castle Semple Visitor Centre and via Howwood village. For a shorter walk, take the train back from Howwood to Lochwinnoch. This path has a variety of surfaces and gradients. Some of the trail is along minor roads so please take care and be aware of traffic.



Key

- Water
- Grassland
- Woodland
- Marsh
- ▶ Viewpoint
- P Parking
- V Visitor centre
- H Hide

- Dogs are welcome, but please keep them on a short lead from 1 April to 31 July, when the chicks of ground-nesting birds are particularly vulnerable. Please also clean up after your dog as many families and school groups visit this special place.
- For more information about the accessibility of RSPB Lochwinnoch, please visit [rspb.org.uk/lochwinnoch](https://www.rspb.org.uk/lochwinnoch)